

WESLEY MEDICAL CENTRE  
Level 2, Suite 26, 40 Chasely St  
AUCHENFLOWER Q 4066  
Tel: (07) 3607 5190 Fax: (07) 3607 5196

ST ANDREW'S PLACE  
Ground Floor, 33 North St  
SPRING HILL Q 4000  
Tel: (07) 3054 1228 Fax: (07) 3054 1229

IPSWICH MIKA HOUSE  
Suite 2, Level 2, 3 Wharf St  
IPSWICH Q 4305  
Tel: (07) 3050 7102 Fax: (07) 3050 7103

GREATER SPRINGFIELD  
SPECIALIST SUITES  
Level 5, Suite 503  
Cnr Health Care Dr & Wellness Way  
SPRINGFIELD CENTRAL Q 4300  
Tel: (07) 3180 8290 Fax: (07) 3180 8291

ST VINCENT'S HOSPITAL  
Entrance 3, Level 2, Scott St  
TOOWOOMBA Q 4350  
Tel: (07) 4646 4250 Fax: (07) 4646 4253

ST ANDREW'S HOSPITAL  
Building 4, Level 1, Suite 31  
280 North St  
ROCKVILLE Q 4350  
Tel: (07) 4592 8086 Fax: (07) 4592 8087

PINDARA PRIVATE HOSPITAL  
Main Hospital, Level 1  
39 Allchurch Ave  
BENOWA Q 4217  
Tel: (07) 5610 5812 Fax: (07) 5610 5813

GOLD COAST PRIVATE HOSPITAL  
Ground floor, Specialist Suites  
14 Hill St  
SOUTHPORT Q 4215  
Tel: (07) 5615 0005 Fax: (07) 5615 0006

ICON CANCER CENTRE  
Level 1, 9 McLennan Court  
NORTHLAKES Q 4509  
Tel: (07) 3607 5190 Fax: (07) 3607 5196

ST STEPHEN'S HOSPITAL  
1-11 Medical Place  
HERVEY BAY Q 4655  
Tel: (07) 4313 1160 Fax: (07) 4313 1161

HERVEY BAY MAIN ST CLINIC  
Suite 8, 62 Main St  
PIALBA Q 4655  
Tel: (07) 4313 1160 Fax: (07) 4313 1161

MATER MEDICAL SUITES  
Suite 5, Wing 1  
313 Bourong St  
BUNDABERG Q 4670  
Tel: (07) 4304 8001 Fax: (07) 4304 8002

MACKAY PRIVATE HOSPITAL  
57 Norris Road  
MACKAY Q 4740  
Tel: (07) 4805 6441 Fax: (07) 4805 6440

MATER PRIVATE HOSPITAL  
Suite 1, Level 1, 31 Ward St  
ROCKHAMPTON Q 4700  
Tel: (07) 4807 6512 Fax: (07) 4807 6513

# Respiratory Test Request

Test Bookings Tel: (07) 3607 5194



E: [reception@qldrespiratory.com.au](mailto:reception@qldrespiratory.com.au)

[www.qldrespiratory.com.au](http://www.qldrespiratory.com.au)

## Patient Details:

Surname: ..... First Name: .....

DOB: ...../...../.....

Address: .....

Home Ph: ..... Work: ..... Mobile: .....

Clinical History/Details: .....

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.....  
.....

## Investigation Required:

- ☐ Complex Lung Function (flow volume loops, gas transfer, lung volumes)
  - ☐ With bronchodilator testing
  - ☐ No bronchodilator testing

- ☐ Spirometry/flow volume loops - before & after bronchodilator

- ☐ Cardiopulmonary Exercise Test (Wesley)

- ☐ Bronchial Provocation:

- ☐ Mannitol
- ☐ Hypertonic Saline (Wesley)

- ☐ Allergen Skin Prick Test (Wesley, Bundaberg, Hervey Bay & Toowoomba)

- ☐ Hypoxic Altitude Simulation Test (Wesley & Hervey Bay)

- ☐ Respiratory Muscle Strength (MIPS/MEPS & postural spirometry)  
SNIP (SAWMH and Toowoomba StA)

Postural Spirometry (seated & supine)

6 Minute Walk Test (single trial without O<sub>2</sub>)

6 Minute Walk Test (dual trial without and with O<sub>2</sub> for MASS evaluation)

Overnight Oximetry

FeNO - Fractional Exhaled Nitric Oxide (with spirometry)

## Referring Doctor Details:

Doctor's Name: .....

Address: .....

.....

Signature: ..... Provider No: .....

Date of Referral: ...../...../.....

Email/Fax: .....

Invoice test to (patient/employer/etc.): .....

**QIP Accredited RSHQ Spirometry Provider**

## Test Preparation

### All Tests

Inhaler withholding times	
<b>8 Hours</b>	Asmol <sup>®</sup> , Bricanyl <sup>®</sup> , Ventolin <sup>®</sup> , Zempreon <sup>®</sup>

Ingestion of food containing caffeine should be withheld on the day of the test, as it can decrease bronchial hyper-responsiveness. Smoking and vigorous exercise should not be undertaken on the day of the test.

### Bronchial Provocation

Inhaler withholding times	
<b>4 Hours</b>	Intal <sup>®</sup> , Tilade <sup>®</sup>
<b>8 Hours</b>	Ventolin <sup>®</sup> , Asmol <sup>®</sup> , Bricanyl <sup>®</sup>
<b>12 Hours</b>	Pulmicort <sup>®</sup> , Flixotide <sup>®</sup> , Fluticasone Cipla <sup>®</sup> , QVAR <sup>®</sup> , Alvesco <sup>®</sup> , Arnuity <sup>®</sup> , Atrovent <sup>®</sup>
<b>24 Hours</b>	Foradile Theo-Dur <sup>®</sup> , Nuelin <sup>®</sup>
<b>36 Hours</b>	Seretide <sup>®</sup> , Cipla <sup>®</sup> , Symbicort <sup>®</sup> , DuoResp <sup>®</sup> , Breo <sup>®</sup> , Flutiform <sup>®</sup> , Serevent <sup>®</sup> , Oxis <sup>®</sup> , Onbrez <sup>®</sup>
<b>3 Days</b>	Spiriva <sup>®</sup> , Bretaris <sup>®</sup> , Incruse <sup>®</sup> , Seebri <sup>®</sup> , Brimica <sup>®</sup> , Anoro <sup>®</sup> , Ultibro <sup>®</sup> , Spiolto <sup>®</sup> , Trelegy <sup>®</sup> , Trimbrow <sup>®</sup>
<b>4 Days</b>	Singulair <sup>®</sup>
Antihistamine withholding times	
<b>3 Days</b>	Avil <sup>®</sup> , Benadryl <sup>®</sup> , Claratyne <sup>®</sup> , Claramax <sup>®</sup> , Periactin <sup>®</sup> , Phenergan <sup>®</sup> , Polaramine <sup>®</sup> , Telfast <sup>®</sup> , Zyrtec <sup>®</sup>

### Cardiopulmonary Exercise Test

Day of test - avoid heavy meals, smoking and alcohol consumption.

Wear comfortable shoes and clothing for riding a bike.

On the day of the test report to Reception, Level 2, Suite 26 of the Wesley Medical Centre at the appointed time. A doctor will be present for the testing.

### Allergen Skin Prick Test

72 hours before test - do not take antihistamines

Note: Mood stabilisers (e.g., Endep, Avanza) can cause a false negative test.

Please inform staff when making your booking if you are taking prednisolone.

### Respiratory and Sleep Specialists

To book appointments with a Respiratory Physician please call one of the following numbers.

Locations can be found at our website [www.qldrespiratory.com.au](http://www.qldrespiratory.com.au)

Dr Farzad Bashirzadeh  
Dr Geoffrey Fanning  
Dr Lauren Galt  
Dr David Deller  
Dr Iain Feather  
Dr Maurice Heiner

(07) 3871 0033  
(07) 5322 5904  
(07) 3832 7776  
(07) 5539 4676  
(07) 5597 1622  
(07) 3870 4511

Dr Justin Hundloe  
Dr Charl Liebenberg  
Dr Lee Rafter  
Dr Alex Ritchie  
Dr Tom Skinner  
Dr Chris Zappala

(07) 3870 4133  
(07) 4153 9414  
(07) 4688 5480  
(07) 3832 7776  
(07) 3832 7776  
(07) 3371 0500

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