

## Information for Patients

### Lung function preparation instructions for all tests

All patients are asked to refrain from the following before their test:

- Smoking (1 hour)
- Performing vigorous exercise (1 hour)
- Consuming alcohol or caffeinated drinks (4 hours)

## Medications - Withholding times for BPT testing (Mannitol and Hypertonic Saline)

	Bronchial Provocation: Mannitol, Hypertonic Saline, Histamine
4 Hours	Intal <sup>®</sup> , Tilade <sup>®</sup>
8 Hours	Ventolin <sup>®</sup> , Asmol <sup>®</sup> , Bricanyl <sup>®</sup> , Zempreon <sup>®</sup>
12 Hours	Pulmicort <sup>®</sup> , Flixotide <sup>®</sup> , Fluticasone Cipla <sup>®</sup> , QVAR <sup>®</sup> , Alvesco <sup>®</sup> , Arnuity <sup>®</sup> , Atrovent <sup>®</sup>
24 Hours	Foradile Theo-Dur <sup>®</sup> , Nuelin <sup>®</sup>
36 Hours	Seretide <sup>®</sup> , Cipla <sup>®</sup> , Symbicort <sup>®</sup> , DuoResp <sup>®</sup> , Breo <sup>®</sup> , Flutiform <sup>®</sup> , Serevent <sup>®</sup> , Oxis <sup>®</sup> , Onbrez <sup>®</sup>
3 Days	Spiriva <sup>®</sup> , Bretaris <sup>®</sup> , Incruse <sup>®</sup> , Seebri <sup>®</sup> , Brimica <sup>®</sup> , Anoro <sup>®</sup> , Ultibro <sup>®</sup> , Spiolto <sup>®</sup> , Trelegy <sup>®</sup> , Trimbow <sup>®</sup>
4 Days	Singulair <sup>®</sup>

Please note: If your referring physician or practice (ie DFR) has provided alternate instructions RE withhold times, please adhere to these provided withhold times.

If you have any questions about your upcoming test, please call our reception on 07 3607 5194.