

## Information for Patients



### What to bring to your appointment

- Your GP or specialist referral
- Invoicing information if referred by 3rd party
- A current medication list and any allergies that you may have
- Your Medicare Card
- Your DVA (Veterans Affairs) Card if you have one
- Your Concession/Pension card if you have one

### Lung function preparation instructions for all tests

All patients are asked to refrain from the following before their test:

- Smoking (1 hour)
- Performing vigorous exercise (1 hour)
- Consuming alcohol or caffeinated drinks (4 hours)
- SABA inhaler use (Ventolin, Bricanyl etc.) (8 hours)

### Medications - Time to Withhold

	<b>Bronchial Provocation: Mannitol, Hypertonic Saline, Histamine</b>
<b>4 Hours</b>	Intal <sup>®</sup> , Tilade <sup>®</sup>
<b>8 Hours</b>	Ventolin <sup>®</sup> , Asmol <sup>®</sup> , Bricanyl <sup>®</sup> , Zempreon <sup>®</sup>
<b>12 Hours</b>	Pulmicort <sup>®</sup> , Flixotide <sup>®</sup> , Fluticasone Cipla <sup>®</sup> , QVAR <sup>®</sup> , Alvesco <sup>®</sup> , Arnuity <sup>®</sup> , Atrovent <sup>®</sup>
<b>24 Hours</b>	Foradile Theo-Dur <sup>®</sup> , Nuelin <sup>®</sup>
<b>36 Hours</b>	Seretide <sup>®</sup> , Cipla <sup>®</sup> , Symbicort <sup>®</sup> , DuoResp <sup>®</sup> , Breo <sup>®</sup> , Flutiform <sup>®</sup> , Serevent <sup>®</sup> , Oxis <sup>®</sup> , Onbrez <sup>®</sup>
<b>3 Days</b>	Spiriva <sup>®</sup> , Bretaris <sup>®</sup> , Incruse <sup>®</sup> , Seebri <sup>®</sup> , Brimica <sup>®</sup> , Anoro <sup>®</sup> , Ultibro <sup>®</sup> , Spiolto <sup>®</sup> , Trelegy <sup>®</sup> , Trimbrow <sup>®</sup>
<b>4 Days</b>	Singulair <sup>®</sup>
	<i>Antihistamines</i>
<b>3 Days</b>	Avil <sup>®</sup> , Benadryl <sup>®</sup> , Claratyne <sup>®</sup> , Claramax <sup>®</sup> , Periactin <sup>®</sup> , Phenergan <sup>®</sup> , Polaramine <sup>®</sup> , Telfast <sup>®</sup> , Zyrtec <sup>®</sup>
	<b>Cardiopulmonary Exercise Test</b>
<b>8 Hours</b>	Ventolin <sup>®</sup> , Asmol <sup>®</sup> , Bricanyl <sup>®</sup> , Zempreon <sup>®</sup>
	<b>Skin Prick Allergen Test</b>
<b>3 Days</b>	Antihistamines
	<b>All Tests</b>
<b>All other medications should be continued as normal. Smoking and vigorous exercise should not be undertaken on the day of the test.</b>	

We ask that you please DO NOT attend our lab and get tested if you develop any COVID-19 symptoms. If you are awaiting the result of a COVID-19 swab, you must isolate until a negative result is received. We must protect our most vulnerable patients, therefore if you are exhibiting any of the following symptoms (not attributed to a known non-transmissible respiratory condition) you will be asked to reschedule your appointment:

- Fever, body aches and pains, sore throat, headaches, runny or stuffy nose, cough, loss of sense of smell or taste.

If you have any questions about your upcoming test, please call our reception on 07 3607 5194.