

WESLEY MEDICAL CENTRE
Level 2, Suite 26, 40 Chasely St
AUCHENFLOWER Q 4066
Tel: (07) 3607 5190 Fax: (07) 3607 5196

ST ANDREW'S PLACE
Ground Floor, 33 North St
SPRING HILL Q 4000
Tel: (07) 3054 1228 Fax: (07) 3054 1229

IPSWICH MIKA HOUSE
Suite 2, Level 2, 3 Wharf St
IPSWICH Q 4305
Tel: (07) 3050 7102 Fax: (07) 3050 7103

GREATER SPRINGFIELD SPECIALIST
SUITES
Level 5, Suite 503
Cnr Health Care Dr & Wellness Way
SPRINGFIELD CENTRAL Q 4300
Tel: (07) 3180 8290 Fax: (07) 3180 8291

ST VINCENT'S HOSPITAL
Entrance 3, Level 2, Scott St
TOOWOOMBA Q 4350
Tel: (07) 4646 4250 Fax: (07) 4646 4253

ST ANDREW'S HOSPITAL
Building 4, Level 1, Suite 31
280 North St
ROCKVILLE Q 4350
Tel: (07) 4592 8086 Fax: (07) 4592 8087

PINDARA PRIVATE HOSPITAL
Main Hospital, Level 1
39 Allchurch Ave
BENOWA Q 4217
Tel: (07) 5610 5812 Fax: (07) 5610 5813

GOLD COAST PRIVATE HOSPITAL
Ground floor, Specialist Suites
14 Hill St
SOUTHPORT Q 4215
Tel: (07) 5615 0005 Fax: (07) 5615 0006

ICON CANCER CENTRE
Level 1, 9 McLennan Court
NORTH LAKES Q 4509
Tel: (07) 3607 5190 Fax: (07) 3607 5196

PULSE OCEANSIDE MEDICAL
Level 5, Suite 605
11 Eccles Boulevard
BIRTINYA Q 4575
Tel: (07) 5353 5166 Fax: (07) 5353 5167

ST STEPHEN'S HOSPITAL
1-11 Medical Place
HERVEY BAY Q 4655
Tel: (07) 4313 1160 Fax: (07) 4313 1161

HERVEY BAY MAIN ST CLINIC
Suite 8, 62 Main St
PIALBA Q 4655
Tel: (07) 4313 1160 Fax: (07) 4313 1161

MATER MEDICAL SUITES
Suite 3, Wing 1, 313 Bourbong St
BUNDABERG Q 4670
Tel: (07) 4304 8001 Fax: (07) 4304 8002

MACKAY PRIVATE HOSPITAL
57 Norris Road
MACKAY Q 4740
Tel: (07) 4805 6441 Fax: (07) 4805 6440

MATER PRIVATE HOSPITAL
Suite 1, Level 1, 31 Ward St
ROCKHAMPTON Q 4700
Tel: (07) 4807 6512 Fax: (07) 4807 6513

Respiratory Test Request

Test Bookings Tel: (07) 3607 5194



E: reception@qldrespiratory.com.au

www.qldrespiratory.com.au

Patient Details:

Surname: First Name:

DOB:/...../.....

Address:

Home Ph: Work: Mobile:

Clinical History/Details:

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Investigation Required:

- Complex Lung Function (flow volume loops, gas transfer, lung volumes)
 - With bronchodilator testing
 - No bronchodilator testing
- Spirometry/flow volume loops - before & after bronchodilator
- Cardiopulmonary Exercise Test (Wesley)
- Bronchial Provocation:
 - Mannitol
 - Hypertonic Saline (Wesley)
- Allergen Skin Prick Test (Wesley, Bundaberg, Hervey Bay, Toowoomba & Springfield)
- Hypoxic Altitude Simulation Test (Wesley, Bundaberg & Hervey Bay)
- Respiratory Muscle Strength (MIPS/MEPS & postural spirometry)
SNIP (SAWMH and Toowoomba StA)

Postural Spirometry (seated & supine)

6 Minute Walk Test (single trial without O₂)

6 Minute Walk Test (dual trial without and with O₂ for MASS evaluation)

Overnight Oximetry

FeNO - Fractional Exhaled Nitric Oxide (with spirometry)

Referring Doctor Details:

Doctor's Name:

Address:

.....

Signature: Provider No:

Date of Referral:/...../.....

Email/Fax:

Invoice test to (patient/employer/etc.):

QIP Accredited RSHQ Spirometry Provider

Test Preparation

All Tests

| Inhaler withholding times | |
|---------------------------|--|
| 8 Hours | Asmol [®] , Bricanyl [®] , Ventolin [®] , Zempreon [®] |

Ingestion of food containing caffeine should be withheld on the day of the test, as it can decrease bronchial hyper-responsiveness. Smoking and vigorous exercise should not be undertaken on the day of the test.

Bronchial Provocation

| Inhaler withholding times | |
|---------------------------------|--|
| 4 Hours | Intal [®] , Tilade [®] |
| 8 Hours | Ventolin [®] , Asmol [®] , Bricanyl [®] |
| 12 Hours | Pulmicort [®] , Flixotide [®] , Fluticasone Cipla [®] , QVAR [®] , Alvesco [®] , Arnuity [®] , Atrovent [®] |
| 24 Hours | Foradile Theo-Dur [®] , Nuelin [®] |
| 36 Hours | Seretide [®] , Cipla [®] , Symbicort [®] , DuoResp [®] , Breo [®] , Flutiform [®] , Serevent [®] , Oxis [®] , Onbrez [®] |
| 3 Days | Spiriva [®] , Bretaris [®] , Incruse [®] , Seebri [®] , Brimica [®] , Anoro [®] , Ultibro [®] , Spiolto [®] , Trelegy [®] , Trimbrow [®] |
| 4 Days | Singulair [®] |
| Antihistamine withholding times | |
| 3 Days | Avil [®] , Benadryl [®] , Claratyne [®] , Claramax [®] , Periactin [®] , Phenergan [®] , Polaramine [®] , Telfast [®] , Zyrtec [®] |

Cardiopulmonary Exercise Test

Day of test - avoid heavy meals, smoking and alcohol consumption.

Wear comfortable shoes and clothing for riding a bike.

On the day of the test report to Reception, Level 2, Suite 26 of the Wesley Medical Centre at the appointed time. A doctor will be present for the testing.

Allergen Skin Prick Test

72 hours before test - do not take antihistamines

Note: Mood stabilisers (e.g., Endep, Avanza) can cause a false negative test.

Please inform staff when making your booking if you are taking prednisolone.

Respiratory and Sleep Specialists

To book appointments with a Respiratory Physician please call one of the following numbers.

Locations can be found at our website www.qldrespiratory.com.au

| | | | |
|-----------------------|----------------|---------------------|----------------|
| Dr Farzad Bashirzadeh | (07) 3871 0033 | Dr Justin Hundloe | (07) 3870 4133 |
| Dr Geoffrey Fanning | (07) 5322 5904 | Dr Charl Liebenberg | (07) 4153 9414 |
| Dr Lauren Galt | (07) 3832 7776 | Dr Lee Rafter | (07) 4688 5480 |
| Dr David Deller | (07) 5539 4676 | Dr Alex Ritchie | (07) 3832 7776 |
| Dr Iain Feather | (07) 5597 1622 | Dr Tom Skinner | (07) 3832 7776 |
| Dr Maurice Heiner | (07) 3870 4511 | Dr Chris Zappala | (07) 3371 0500 |

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